

ABSTRAK

Latar Belakang: Infeksi saluran kemih (ISK) dimana jumlah bakteriuria berkembangbiak dengan jumlah kuman ≥ 100.000 kuman/ml urin. Bakteriuria asimptomatis didefinisikan sebagai kultur urin positif tanpa keluhan, sedangkan bakteriuria asimptomatis didefinisikan sebagai kultur urin positif disertai keluhan. Infeksi saluran kemih disebabkan oleh bakteri *E.coli*, *Klabsiellasp*, *Proteus sp* dan *Staphylococcus saprophyticus* namun, sekitar 90% infeksi saluran kemih disebabkan oleh *E.coli*.

Tujuan: Mengetahui gambaran Bakteriuria asimptomatis pada mahasiswa Fakultas Kedokteran Universitas Islam Sumatera Utara.

Metode: Penelitian ini menggunakan desain Deskriptif dimana sampel sebanyak 30 responden dengan teknik pengambilan sampel yaitu *purposive sampling*.

Hasil: Penelitian ini menyatakan bahwa berdasarkan pertumbuhan bakteriuria positif sebanyak 2 (6,7) dan negatif sebanyak 28 (93,3%). Berdasarkan jenis kelamin pada perempuan sebanyak 2 orang (7%) bakteriuria positif sedangkan pada laki-laki sebanyak 0 (0%). Berdasarkan kuman tumbuh pada media *MacConkey Agar* (0%) dan *Mueller Hiltien Agar* 2 responden (6,7%). Kuman yang tidak tumbuh *Mac Conkey agar* (0%) dan *Mueller Hinton agar* 28 responden (93,3%).

Kesimpulan: Terdapat pertumbuhan bakteriuria pada media *Mueller Hinton Agar* yang berasal dari urine mahasiswa perempuan usia 19 dan 21 tahun.

Kata Kunci :*Bakteriuria, Mahasiswa, ISK*

ABSTRACT

Background: Urinary tract infection (UTI) marked when the number of bacteriuria multiplies with the number of germs $\geq 100,000$ germs / ml of urine. Asymptomatic bacteriuria was defined as positive urine culture without symptoms, while symptomatic bacteriuria was defined as a positive urine culture with symptoms. Urinary tract infections are caused by bacteria such as *E. coli*, *Klabsiella sp*, *Proteus sp* and *Staphylococcus saprophyticus*, however, about 90% of urinary tract infections are caused by *E. coli*.

Objective: to determine the description of asymptomatic bacteriuria in students of the Faculty of Medicine, Islamic University of North Sumatra.

Method: This study uses descriptive design where the sample is 30 respondents taken with purposive sampling technique.

Results: this study states that based on the growth of bacteriuria, positive result found in 2 respondents (6.7 %) and negative result found in 28 respondents (93.3%). Based on sex, positive bacteriuria was found in women with 2 respondent (7%) while in men as much as 0 (0%). Based on germs grown on MacConkey Agar media (0%) and Mueller Hiltan Agar 2 respondents (6.7%). Germs that do not grow on Mac Conkey agar (0%) and Mueller Hinton are 28 respondents (93.3%).

Conclusion: There was bacteriuria growth in mueller hinton agar media from urine of female student ages 19 and 21 years.

Keywords: Bacteria, Students, UTI