

ABSTRAK

Rizky Rahmadiansyah Sitorus, 71190312095, Pengaruh Stres Kerja dan Komunikasi Kerja Terhadap Kinerja Karyawan PT. Plastik Industry Medan, Dibimbing Oleh Hj. Iriani, S.E.,M.Si,Pembimbing I dan Ilham Sonata, S.E.,M.M, Sebagai Pembimbing II, Skripsi 2023

Upaya peningkatan kinerja karyawan dipengaruhi oleh stres kerja dan komunikasi kerja. Rumusan masalah dalam penelitian ini adalah bagaimana pengaruh stres kerja terhadap kinerja karyawan PT. Plastik Industry Medan, bagaimana pengaruh komunikasi kerja terhadap kinerja karyawan PT. Plastik Industry Medan, bagaimana pengaruh stres kerja dan komunikasi kerja terhadap kinerja karyawan PT. Plastik Industry Medan. Populasi dalam penelitian ini adalah semua pegawai PT. Plastik Industry Medan berjumlah 76 orang karyawan dan seluruhnya dijadikan sampel. Untuk mengetahui seberapa besar pengaruh stres kerja dan komunikasi kerja terhadap kinerja karyawan PT. Plastik Industry Medan dapat dihitung dengan bantuan perangkat lunak SPSS (*Statistic Product and Service Solution*). Berdasarkan hasil pengujian dan analisis menunjukkan bahwa ada pengaruh positif dan signifikan variabel stres kerja terhadap variabel kinerja karyawan PT. Plastik Industry Medan. Ada pengaruh positif dan signifikan variabel komunikasi kerja terhadap variabel kinerja karyawan PT. Plastik Industry Medan..

***Kata Kunci* : Stres Kerja,Komunikasi Kerja, Kinerja**

ABSTRACT

Rizky Rahmadiansyah Sitorus, 71190312095, *Effect of Job Stress and Work Communication on Employee Performance at PT. Medan Plastic Industry, Supervised by Hj. Iriani, S.E.,M.Sc, Supervisor I and Ilham Sonata, S.E., M.M, As Advisor II, Thesis 2023*

Efforts to improve employee performance are influenced by work stress and work communication. The purpose of this study was to determine and analyze the effect of work stress on the performance of employees at PT. Plastic Industry Medan, to find out and analyze the effect of work communication on the performance of employees of PT. Plastic Industry Medan, to determine and analyze the effect of work stress and work communication on the performance of employees of PT. Medan Plastic Industry. The population in this study were all employees of PT. Medan Plastic Industry has a total of 76 employees and all of them are used as samples. To find out how much influence work stress and work communication have on the performance of employees of PT. Medan Plastic Industry can be calculated with the help of SPSS (Statistic Product and Service Solution) software. Based on the results of testing and analysis, it shows that there is a positive and significant effect of work stress on the performance variables of employees at PT. Medan Plastic Industry. There is a positive and significant influence of work communication variables on employee performance variables at PT. Medan Plastic Industry..

Keywords: *Job Stress, Work Communication, Performance*