

## **ABSTRAK**

**Latar Belakang :** Kasus COVID-19 semakin meningkat dan kedisiplinan dalam penerapan protokol kesehatan memegang peran penting dalam memutus rantai penularan. Namun, hal tersebut masih fluktuatif karena lengahnya masyarakat dalam menjalankan protokol kesehatan sehingga terjadinya peningkatan penularan virus COVID-19. Berdasarkan hasil observasi lapangan di Desa Selayang yang berada di Kecamatan Selesai, Kabupaten Langkat, Sumatera Utara, terjadi peningkatan kasus konfirmasi positif COVID-19 di desa tersebut, namun masyarakat di desa tersebut masih kurang peduli dalam penerapan protokol kesehatan COVID-19.

**Tujuan :** Untuk mengetahui gambaran pelaksanaan protokol kesehatan COVID-19 pada masyarakat pedesaan.

**Metode :** Penelitian bersifat Deskriptif, data diperoleh dari hasil kuesioner dari masyarakat Desa Selayang dan dianalisis menggunakan analisa deskriptif frekuensi.

**Hasil :** Hasil penelitian ini didapatkan berdasarkan kelompok umur, responden umur 17-30 tahun (7,3%) mematuhi protokol kesehatan. Berdasarkan jenis kelamin, responden perempuan (11,4%) mematuhi protokol kesehatan. Berdasarkan tingkat pendidikan, responden SMA (13,5%) mematuhi protokol kesehatan. Berdasarkan pekerjaan, responden IRT (6,3%) mematuhi protokol kesehatan. Berdasarkan jenis protokol kesehatan, memakai masker (16,7%) lebih dipatuhi. Responden yang mematuhi protokol kesehatan secara umum sebesar 20,8%.

**Kesimpulan :** Tingkat kepatuhan protokol kesehatan secara umum rendah. Begitu juga tingkat kepatuhan protokol kesehatan berdasarkan jenis kelamin, berbagai kelompok umur, tingkat pendidikan, dan pekerjaan juga tergolong rendah.

**Kata Kunci :** COVID-19, Pencegahan, Protokol Kesehatan

### **ABSTRACT**

**Background:** *COVID-19 cases are increasing and discipline in implementing health protocols plays an important role in breaking the chain of transmission. However, this is still volatile due to the negligence of the public in implementing health protocols, resulting in an increase in the transmission of the COVID-19 virus. Based on the results of field observation in Selayang Village, Selesai District, Langkat Regency, North Sumatra, there has been an increase in positive COVID-19 confirmation cases in the village, but the people in the village are still less concerned about implementing the COVID-19 health protocol.*

**Purpose:** *To describe the implementation of the COVID-19 health protocol in rural communities.*

**Methods:** *Descriptive research, data obtained from the results of questionnaires from the people of Selayang Village and analyzed using descriptive analysis of frequency.*

**Results:** *The results of this study were obtained based on age groups, respondents aged 17-30 years (7.3%). Based on gender, female respondents (11.4%) adhered to health protocol. Based on the education level, High School respondents (13.5%) adhered to health protocol. Based on work, the respondents of housewives (6.3%) adhered to health protocol. Based on the type of health protocol, wearing a mask (16.7%) is more adhered to. Respondents who adhered to health protocols in general amounted to 20.8%.*

**Conclusion:** *The level of compliance with health protocols is generally low. Similarly, the level of compliance of health protocols based on gender, various age groups, education levels, and employment is also relatively low.*

**Keywords:** *COVID-19, Prevention, Health Protocols*